

Northern Lights



合気道

*Self-Defense through balance & self-control
(New students welcome anytime)*

NEW CLASS BEGINS: September 24th

- Where: YMCA @ Woodland Community Center*
- When: Mondays & Wednesdays 8:00 to 9:30PM*

For more information contact:

YMCA DESK @ 722-4745

OR: Brad Bergeron 525-2043